



THE HAIR NERDS

FACE

- Makeup & Brushes
- Makeup remover & Wipes
- Brush cleaner
- Face wash
- Moisturizer & Eye cream
- Lip balm
- _____

HAIR

- Hairdryer
- Flat iron / Curling wand
- Brushes & Combs
- Fav styling products
- Shampoo & Conditioner
- Dry shampoo
- Shears & Clips
- Pins & Elastics
- Headband / Shower cap
- _____

BODY

- Toothbrush
- Toothpaste / Floss
- Deodorant
- Sunscreen
- Tampons/Pads/Cup/Other
- Razor & Shaving cream
- Body wash
- _____

PACK LIKE A HAIR NERD

CLOTHING

- | | |
|---------------------------------------|---|
| <input type="checkbox"/> Outfit Day 1 | <input type="checkbox"/> Under-things |
| <input type="checkbox"/> _____ | <input type="checkbox"/> Socks / tights / shapers |
| <input type="checkbox"/> _____ | <input type="checkbox"/> Jammie s |
| <input type="checkbox"/> Outfit Day 2 | <input type="checkbox"/> Shoes (less is more) |
| <input type="checkbox"/> _____ | <input type="checkbox"/> Gym outfit & sneakers |
| <input type="checkbox"/> _____ | <input type="checkbox"/> Accessories for outfits |
| <input type="checkbox"/> Outfit Day 3 | <input type="checkbox"/> Hat / Beanie / Scarf |
| <input type="checkbox"/> _____ | <input type="checkbox"/> Sweatshirt / Jacket |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |

TECH

- Phone & Charger
- Laptop / Tablet & Charger
- Air pods / Headphones
- Headphones w/ Aux plug
(to plug into airline screen)

MEDICATION

- Personal RX
- Small first aid kit
- Vitamins
- _____

DOCUMENTS

- | | |
|---|---|
| <input type="checkbox"/> ID / Passport | <input type="checkbox"/> Luggage tags |
| <input type="checkbox"/> Flight Confirmation | <input type="checkbox"/> Show / Education tickets |
| <input type="checkbox"/> Hotel Confirmation | <input type="checkbox"/> Business cards |
| <input type="checkbox"/> Transportation Conf. | <input type="checkbox"/> Trip schedule |
| <input type="checkbox"/> Copy of Insurance & ID | <input type="checkbox"/> _____ |

MISC.

- 3 reusable storage bags
- Small sewing kit
- Travel pillow
- Powdered laundry soap
- Detergent pen
- Lint roller / Dryer sheets
- _____
- _____

SNACKS

- Breakfast bars
- Crackers / Chips
- Dried fruit
- Nuts
- Squeezable fruit pouches
- Alcohol (can check 5 liters)
- _____
- _____